



LUNCH



ASCA September Lunch Menu

Monday

1

1% Milk Offered Whole Grain Items served
ASCA is an equal opportunity employer

8

Rotini w Meat Sauce,
Green Beans,
Bread stick And Fruit

15

Chicken Nuggets,
Smilies, Green Beans,
and Fruit

22

Buffalo Chicken,
Fries, Celery,
and Fruit

29

Popcorn Chicken,
Mashed Potato w Gravy,
Corn, and Fruit

Tuesday

2

Orange Chicken,
Rice, Mix Veg,
and Fruit

9

Buffalo Chicken Wrap,
Potato Wedges,
and Fruit

16

Chicken Parm Sandwich,
Pasta Salad, Corn
and Fruit

23

Toasted Ravs
Marinara,
Broccoli, and Fruit

30

Chicken Sandwich,
Potato Wedges,
Coleslaw,
and Fruit

Wednesday

3

Beef Tacos,
Fiesta Beans,
Salsa, and Fruit

10

Pepperoni Pizza,
Broccoli, and Fruit

17

Chicken Burrito,
w Rice, Queso, Fiesta Beans,
and Fruit

24

Breakfast,
Sausage Patty,
Tator Tots, and Fruit

Thursday

4

Turkey Cheese Sub,
Chips, Celery,
and Fruit

11

Hot Dogs, Fries,
Baked Beans, and Fruit

18

Cheeseburger,
Fries, Mix Veg,
and Fruit

25

Ham and Cheese
Sliders, Chips,
Carrots, and Fruit

Friday

5

Grilled Cheese,
Fries, Carrots, and Fruit

12

Bosco Sticks w Marinara,
Salad, and Fruit

19

Cheese Pizza,
Broccoli, and Fruit

26

Tortellini w Marinara,
Salad, Bread Stick,
and Fruit

